

# TRACK & FIELD EVENT INFORMATION

## 2016-2017

**Event** Boys Track & Field Meet and Girls Track & Field Meet

**Dates** Prelims April 19 & Finals April 20

**Sites** Milne Stadium and Community Stadium

**Times** 4:00pm, April 19 Prelims: Boys at Milne Stadium and Girls at Community Stadium  
4:00pm, April 20 Finals: Boys & Girls at Community Stadium

**Entries** All in-season NMAA and APS Athletic Department participation rules apply. Regular season sub-varsity meet limits as set forth by the NMAA apply to all participants. The maximum number of regular season sub-varsity meets is seven inclusive of the APS Junior Varsity Metro.

Submit entries through DirectAthletics, [www.directathletics.com](http://www.directathletics.com), by 9:00am the day prior to meet. Athletes with a state qualifying mark in a varsity meet may not compete in the same event in the APS Junior Varsity Metro.

Entries for individual events are limited to 5 entries per gender per school. Entries for relay events are limited to 1 entry per gender per school. Entries shall include highest marks unless this is the first competition. Other than individuals/relay teams being scratched, no entry changes including heat and/or lane assignments are permitted.

**Meet Information**

A coaches/scratch meeting will be held at 3:30pm each day. Equipment weigh-in will take place at 3:30pm each day. Field events will be conducted according to the time schedule with running events conducted on a rolling schedule. Schools are required to provide a minimum of four workers to help facilitate assigned event responsibilities.

Seeding of heats will be slowest to fastest, top 8 times qualify to finals in the 400m Relay, 100m/110m Hurdles, 100m Dash, 400m Dash, 300m Hurdles and 200m Dash. Seeding of heats will be slowest to fastest, timed finals in the 3200m Run, 1600m Run, 800m Relay, 1600m Medley Relay and 1600m Relay.

Lane assignments Curved races: 3-4-5-6-7-8-2-1 Straight races: 4-5-3-6-2-7-1-8

A maximum of 3 trials will determine order of finish in field events. Javelin and Shot Put will be flighted ABCD. Discus will be flighted DCBA. Long Jump, Triple Jump, Pole Vault and High Jump will be OPEN PIT with time limit. Starting heights in High Jump and Pole Vault will be determined by the meet referee and event judge after reviewing entry marks.

Scoring Individual: 7-5-4-3-2-1 Relays: 10-8-6-4-2-1

Postponement and/or cancellation of the event due to an emergency, inclement weather and/or facility/playing conditions will be in accordance with NFHS, NMAA and APS guidelines. An adjustment of the meet schedule or the cancellation of the event will be determined and announced by the APS Athletic Department.

**Awards**

A team trophy will be awarded to the 1st place boys team and the 1st place girls team. Medals will be awarded for 1st place finishers in all events with ribbons being awarded for 2nd through 5th place finishers.



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**WEDNESDAY, APRIL 19**

**GIRLS @ COMMUNITY      BOYS @ MILNE**

3:30pm \_\_\_\_\_ Scratch Meeting  
 3:30pm \_\_\_\_\_ Coaches Meeting  
 3:30pm \_\_\_\_\_ Equipment Weigh-in

**FIELD EVENTS**

4:00pm—6:30pm \_\_\_\_\_ Girls Pole Vault  
 4:00pm—6:30pm \_\_\_\_\_ Javelin  
 4:00pm—6:30pm \_\_\_\_\_ Long Jump

**RUNNING EVENTS**

4:15pm \_\_\_\_\_ 3200m Run (Slow Heats)  
 \_\_\_\_\_ 400m Relay  
 \_\_\_\_\_ 100m/110m Hurdles  
 \_\_\_\_\_ 100m Dash  
 \_\_\_\_\_ 1600m Run (Fast Heat)  
 \_\_\_\_\_ 400m Dash  
 \_\_\_\_\_ 300m Hurdles  
 \_\_\_\_\_ 800m Run (Slow Heats)  
 \_\_\_\_\_ 200m Dash

**THURSDAY—APRIL 20**

**GIRLS & BOYS @ COMMUNITY**

3:30pm \_\_\_\_\_ Scratch Meeting  
 3:30pm \_\_\_\_\_ Coaches Meeting  
 3:30pm \_\_\_\_\_ Equipment Weigh-in

**FIELD EVENTS**

4:00pm—6:30pm \_\_\_\_\_ Boys Pole Vault  
 4:00pm—6:30pm \_\_\_\_\_ Girls High Jump  
 4:00pm—6:30pm \_\_\_\_\_ Girls Shot Put  
 4:00pm—6:30pm \_\_\_\_\_ Girls Triple Jump  
 4:00pm—6:30pm \_\_\_\_\_ Girls Discus  
 6:30pm—9:00pm \_\_\_\_\_ Boys High Jump  
 6:30pm—9:00pm \_\_\_\_\_ Boys Shot Put  
 6:30pm—9:00pm \_\_\_\_\_ Boys Triple Jump  
 6:30pm—9:00pm \_\_\_\_\_ Boys Discus

**RUNNING EVENTS FINALS**

5:15pm \_\_\_\_\_ Boys/Girls 3200m Run (Fast Heat)  
 \_\_\_\_\_ Boys/Girls 400m Relay  
 \_\_\_\_\_ Boys/Girls 110m/100m Hurdles  
 \_\_\_\_\_ Boys/Girls 100m Dash  
 \_\_\_\_\_ Boys/Girls 1600m Run (Slow Heats)  
 \_\_\_\_\_ Boys/Girls 800m Relay  
 \_\_\_\_\_ Boys/Girls 400m Dash  
 \_\_\_\_\_ Boys/Girls 300m Hurdles  
 \_\_\_\_\_ Boys/Girls 800m Run (Fast Heat)  
 \_\_\_\_\_ Boys/Girls 1600m Medley Relay  
 \_\_\_\_\_ Boys/Girls 200m Dash  
 \_\_\_\_\_ Boys/Girls 1600m Relay

**SCHOOL WORKER ASSIGNMENTS**

AWARDS—Manzano  
 HURDLES—ALL Schools  
 TRIPLE JUMP—Eldorado  
 LONG JUMP—Highland  
 JAVELIN—Albuquerque  
 DISCUS—West Mesa  
 POLE VAULT—Volcano Vista  
 HIGH JUMP—Sandia  
 SHOT PUT—Atrisco Heritage  
 STARTING BLOCKS—Valley  
 TIMERS—Del Norte/Rio Grande  
 INSPECTORS—La Cueva/Cibola